# FINDING THE POWER IN NUMBERS

A 3-Part Series





RD, MS, LD, FADA

Success Coach – DM&A
Silver Plate Winner
Formerly FSD at Maine
Medical Center
HFM Past President
(Legacy Assoc. of AHF)



CEO - DM&A AHF IAB Member



Director Hospitality Services Elmhurst Memorial Hospital AHF Treasurer-Elect

**MBA** 



CDM, CFPP

Director of Hospitality
Memorial Hospital of
Converse County
Douglas, WY
AHF Member
ANFP CDM of the Year



1

#### **FIRST THINGS FIRST**

**Presenters: Bill Klein and Mary Keysor** 

Exploring the power, fear, comfort and common mistakes in numbers — What to do about it?

2

## SOMETHING'S BETTER THAN NOTHING

**Presenters: Dave Reeves and Mary Keysor** 

5 industry tools available to track data — How to get started?

3

## REAL LIFE STORIES — MISTAKES I MADE

**Presenters: Dave Reeves and Felicia Smith** moderated by Mary Keysor

Panelists – Lessons learned from two FSD peers.

# 3

#### Real Life Stories—Mistakes I Made





#### Dave Reeves, MBA

Director Hospitality Services Elmhurst Memorial Hospital Elmhurst, Illinois AHF Treasurer-Elect



#### Felicia Smith, CDM, CFPP Director of Hospitality

Memorial Hospital of Converse County Douglas, Wyoming

2015 ANFP CDM of the Year



#### Mary Keysor, MS, RD, LD, FADA

Success Coach, DM&A
Silver Plate Winner
Formerly FSD at Maine Medical Center
HFM Past President (Legacy Association of AHF)

#### **CURRICULUM**



- ✓ Stories from two managers—different organizations
- √ Managers share mistakes and lessons learned
- √ Hear how these two managers beat the system
- ✓ Gaining new revenue streams with numbers
- ✓ Successes achieved with powerful numbers





Felicia Smith, CDM, CFPP
Director of Hospitality
Critical Access Hospital
and Retail Business
Memorial Hospital of Converse County
Douglas, Wyoming

### FELICIA'S STORY / CAREER PATH





#### **Memorial Hospital of Converse County**



- Rural Wyoming
- Energy Community
- Employees 400
- Critical Access Hospital structured differently from acute care hospital
  - 25 beds or less
  - ALS 96 hours
  - 24/7 emergency services
  - 35 miles or more from closes hospital



Needed to know food costs

Needed to know supply costs

Needed to know labor costs

**Knew Profit** 

??? How to count meals

??? healthcare

What I thought I knew

#### **2012 – THE BEGINNING**



**Destination 10®** 

**KNDS** 

Current Data — Understanding what to track in healthcare

#### THE DATA



### **KNDS Meals for Supplies Guest meals** Floor stock inpatient outpatients

#### **KNDS TRACKED DATA**

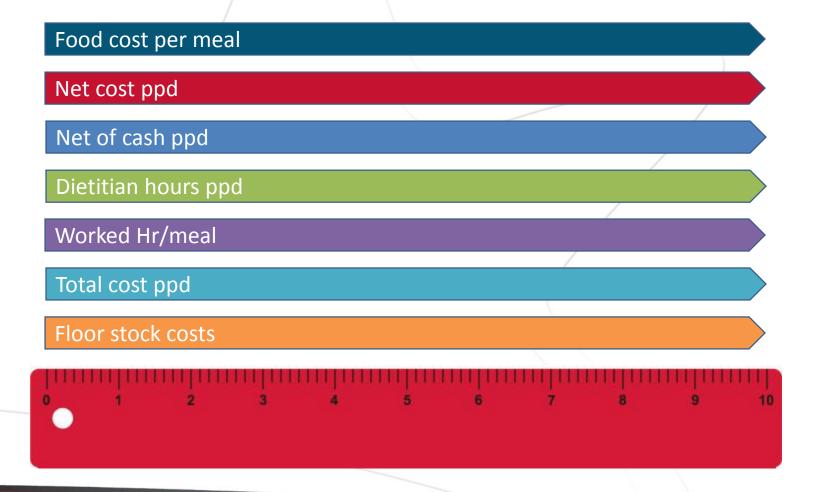


- ✓ Retail
- ✓ Catering
- ✓ Discounts
- ✓ Free services
- ✓ Other services
- ✓ Now capturing all meq
- ✓ Accuracy for billing easy



### **KNDS KEY METRICS**





#### **MY MISTAKES**



- I didn't know what I was doing!!!
- Healthcare was new to me
- Staffing needs had changed
- Department was growing
- Over all expectations growing

#### WHAT HAPPENED NEXT



- Hired an Executive Chef
- Dietitian
- Jail Contract
- Hiring freeze
- Affordable care act
- Then the road block hit....

#### **MIRACLES**



- Experience at Senior Leadership meeting
- Jail contract awarded
- New equipment replaced 30 year old equipment
- Catering delivery van approved
- Senior meals contract for weekend meals
- New records set

#### **ARE WE THERE YET?**



- Expectations still increasing
- Retail continues to grow--community
- Catering--acquired a van/community services on and off sites
- FTEs = grew from 15 34 only department
- Mocha Molly's now permanent
- Using AHF Express





Dave Reeves, MBA

Director Hospitality Services
Elmhurst Memorial Hospital
Elmhurst, Illinois
AHF Treasurer-Elect

## MY TRANSITION FROM FOR PROFIT TO HEALTHCARE



- Began in the early 90's
- Hotel & restaurant work history and education
- Transitioned to healthcare
- Ignored & avoided finances, intentionally!
- Career progression developed within food and then multi-departmental
- Could no longer ignore & avoid finances
- Currently manage Food & Nutrition, EVS, Laundry, Starbucks

### **ELMHURST MEMORIAL HOSPITAL**





#### **ELMHURST MEMORIAL HOSPITAL**



- Founded in 1926
- Located in the western suburbs of Chicago
- Opened a new state of the art acute care replacement hospital in 2011
- 259 private rooms
- Was able to design and develop foodservice operations for new campus

#### **FOODSERVICE FINANCE IN HEALTHCARE**



- Knowledge and skills develop over time
- What are your gaps in knowledge?
- C-suite expect their management to know their numbers
- Financial skills works to your advantage
  - Justify capital
  - Analyze services
  - Understand the overall organization
  - Be proactive rather than reactive

#### **NEW FACILITY DESIGN**



- Designed a replacement campus for aging campus
- Financial pro-formas drove most decisions
- Design phase was 2006 2007
- Financial pressures made the
  - Recession in 2007-2009
  - Affordable Care Act signed into law 2010
- Ability to fund the operations was questionable

### **NEW FACILITY DESIGN**



- Transitioned from a tray line to room service
- Restaurant style food
- Retail driven model focusing on revenue generation to offset expenses
- Starbucks Licensed Store

#### **OPERATIONAL FUNDING CONCERNS**



- Move from semi-private to private rooms foodservice would deliver trays.
- Wildflower Café would be 2 times larger than previous café.
- Add Starbucks licensed store operated by the hospital.
- Programming phase specified to design a facility with capacity for growth.
- Previous facility = 450K sq. ft.
- Replacement facility = 1.2 m sq. ft.

#### **OUTCOME**



- Know your current numbers be able to speak to the future numbers.
- Consider alternatives that would not compromise the integrity of the design.
- Food cost savings.
- Retail driven model focused on revenue generation to offset additional expenses.
  - Bond covenants / rating were impacted by our FTE's per adjusted occupied bed.
- Opened operations with minimal change –
   Organizational finances were initially challenging.

#### **MISTAKES AND SUCCESSES**



#### **MISTAKES**

**Underestimated success** 

#### **SUCCESSES**

- Found creative ways of funding multiple projects
- Gained huge wins with right decisions
- Gained credibility by doing what I said I would do
- ROI to justify projects; follow up ROI to prove success

# NEW REVENUE STREAMS — AND MORE...



- Outside catering
- Vendor rebates
- Jail contracts
- LTC weekend meals
- RD services
- Contracted meals for outside facilities
- Forest Service Firefighters
- Meals for in house day care
- Celebrations for outside groups (in house)
- Guest meals
- Community residents as guests
- Retail vs subsidized pricing

## **Contact Us**



If you have any immediate needs, require support or intervention, contact DM&A today for a free consultation with Mary Keysor or one of our Success Coaches. DM&A is your solutions provider!

(619) 656-2100 info@destination10.com

Reference this webinar using code **KNDS10** and receive 10% off this DM&A service.