



SUCCESS COACH PROFILE



MICHELLE MATHURA, RD, LRD, CDE

Success Coach

Michelle was instrumental in the successful development and rapid growth of the Nutrition Division at DM&A, including spearheading a new focus directed toward malnutrition documentation and coding that speaks directly to the bottom line while simultaneously improving the quality of patient care. As Director, Michelle guides her team to educate, coach, and support dietitians, Clinical Nutrition Managers, Food Service Directors, physicians, and other members of the patient care team in hospitals across the country. Michelle holds a B.S. in Food and Nutrition/Dietetics with a minor in Chemistry from North Dakota State University. She is a Registered Dietitian and a Certified Diabetes Educator. She began her career working in the field of public health and school foodservice in coastal North Carolina. During her 7 years there, she successfully developed, led, and facilitated the Dare County Medical Nutrition Therapy program and assisted in developing the 3-time, ADA-recognized, Diabetes Education Program. Michelle left the sunny beaches of North Carolina to return home to the snowy plains of North Dakota and served as Clinical Nutrition Manager while continuing to counsel patients and work with food service and clinical nutrition to improve service and overall patient care. According to Michelle, "I enjoy working in every area of food and nutrition. Being a dietitian gives me that opportunity. I absolutely love meeting and working with new teams - encouraging them while providing tools and coaching to help them go from 'Good to Best'. Whether it's in customer service, D10, room service, or malnutrition documentation, I love seeing the positive changes and growth within the teams and the empowerment that develops within individuals."

DM&A

871 Bowsprit Road | Chula Vista, California 91914
(619) 656-2100 | www.destination.com | info@destination10.com